26th Annual
Management of Colon and Rectal Diseases

featuring
Advances in the Management of Colon and Rectal Diseases

SATURDAY, FEBRUARY 17, 2018
OMAHA MARRIOTT REGENCY HOTEL
10220 REGENCY CIRCLE
OMAHA, NEBRASKA

DESIGNED FOR:
Primary Care Physicians, General Surgeons, Nurse Practitioners, Physician Assistants, Nurses, Support Staff, Public Health Professionals, Fellows, Residents, Students

PROVIDED BY:
Creighton University School of Medicine Department of Surgery Section of Colon and Rectal Surgery Health Sciences Continuing Education
Purpose and Objectives

PURPOSE: This conference is designed to update primary care physicians, nurses, pharmacists and support staff on recent advances in the management of lower gastrointestinal diseases that are commonly seen in a primary care practice. Information presented is intended to enhance clinical competence in the office management and differential diagnosis of selected colon and rectal diseases and may include initial management as well as guidelines to assist in determining when referral to specialty consultants is indicated.

OBJECTIVES: At the end of this program, the participants should be able to:

SESSION I
- Describe the anatomy of the colon and anorectum
- Discuss historical perspective on anorectal diseases
- Review treatment of hemorrhoidal diseases
- Discuss office management of anorectal pain

SESSION II
- Review the diagnosis and treatment of diverticulitis
- Identify new medical treatment options for inflammatory bowel disease
- Discuss management of constipation
- Review evaluation of treatment of patients with fecal incontinence

SESSION III
- Review modalities available for colorectal cancer screening
- Describe colonoscopic methods to remove colon polyps
- Discuss new chemotherapeutic agents available to treat colorectal cancers
- Describe methods to save anal sphincters when treating low rectal cancer
- Discuss management of perianal Bowen’s and Paget’s diseases
Education Credits

Category 1
Creighton University Health Sciences Continuing Education designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

AAPA accepts AMA category 1 credit for the PRA from organizations accredited by ACCME.

Nurse CE
Creighton University Health Sciences Continuing Education designates this activity for 6.5 contact hours for nurses. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Nurses licensed in Iowa and California: This activity was planned and developed in accordance with the continuing education standards of the American Nurses Credentialing Center (ANCC). The Iowa Board of Nursing and the California Board of Nursing will honor ANCC continuing education credits for face-to-face programs held outside Iowa and California, or for ANCC-approved online recorded courses taken in a self-study format.

AAFP
Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Accreditation Statement
In support of improving patient care, Creighton University Health Sciences Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.
Schedule

7:15 a.m.  
Registration, Continental Breakfast and Visit Exhibits

7:45 a.m.  
Welcome and Program Overview  
M. Shashidharan, MD, FRCS, FACS, FASCRS

SESSION I:  
Anorectal Diseases: Management of Common Anorectal Complaints  
Moderator: Garnet J. Blatchford, MD, FACS, FASCRS

8:00 am  
Office Anatomy of Anorectum: What We Need to Know  
Thomas H. Quinn, PhD

8:20 am  
Historical Perspective on Anorectal Disease  
Alan G. Thorson, MD, FACS, FASCRS

8:40 am  
Hemorrhoidectomy: Does It Always Have to be Painful?  
M. Shashidharan, MD, FRCS, FACS, FASCRS

9:00 am  
Office Management of Anorectal Pain  
Zachary H. Torgersen, MD

9:20 am  
Panel Discussion  
Thomas H. Quinn, PhD  
M. Shashidharan, MD, FRCS, FACS, FASCRS  
Alan G. Thorson, MD, FACS, FASCRS  
Zachary H. Torgersen, MD

9:45 am  
Break and Visit Exhibits

SESSION II:  
New Technologies: Management of Colorectal Disorders  
Moderator: Charles A. Ternent, MD, FACS, FASCRS

10:00 am  
Diverticulitis: Management of Complicated and Uncomplicated Diverticulitis  
Brian M. Sadowski, MD, FACS, FASCRS

10:20 am  
Inflammatory Bowel Disease: Management in Acute Setting  
Robert T. Kizer, MD

10:40 am  
Constipation With a Capital C  
Garnet J. Blatchford, MD, FACS, FASCRS

11:00 am  
Fecal Incontinence  
Jennifer S. Beaty, MD, FACS, FASCRS

11:20 am  
Panel Discussion  
Jennifer S. Beaty, MD, FACS, FASCRS  
Garnet J. Blatchford, MD, FACS, FASCRS  
Robert T. Kizer, MD  
Brian M. Sadowski, MD, FACS, FASCRS

11:40 am  
Break and Visit Exhibits

12.00 pm  
Lunch With Faculty – Meet the Professor  
Course faculty will be present at each table for individualized discussion of colon and rectal diseases — bring your interesting cases and questions.
SESSION III:
New Concepts in the Management of Colorectal Cancer
Moderator: Jennifer S. Beaty, MD, FACS, FASCRS

1:00 pm
Colorectal Cancer: Guidelines for Prevention
Ohmar P. Coughlin, MD

1:20 pm
Therapeutic Colonoscopy: Removal of Precancerous Polyps
Michael E. Schafer, MD

1:40 pm
Targeted Chemotherapy for Colorectal Cancer
Peter T. Silberstein, MD

2:00 pm
Sphincter Saving Operations for Rectal Cancer
Charles A. Ternent, MD, FACS, FASCRS

2:20 pm
Management of Perianal Bowen's Disease and Perianal Paget's Disease
Moriah E. Wright, MD

2:40 pm
Panel Discussion
Ohmar P. Coughlin, MD
Michael E. Schafer, MD
Peter T. Silberstein, MD
Charles A. Ternent, MD, FACS, FASCRS
Moriah E. Wright, MD

3:00 pm
Evaluation and Adjournment
Faculty

Course Director

M. Shashidharan, MD, FRCS, FACS, FASCRS
Associate Clinical Professor
Department of Surgery
Section of Colon and Rectal Surgery
Creighton University School of Medicine

Faculty

Jennifer S. Beaty, MD, FACS, FASCRS
Assistant Clinical Professor of Surgery
Program Director, Colon and Rectal Surgery Residency
Department of Surgery, Section of Colon and Rectal Surgery
Creighton University School of Medicine
Associate Adjunct Clinical Professor, Surgery
University of Nebraska Medical Center

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Department of Surgery, Section of Colon and Rectal Surgery
Creighton University School of Medicine
Clinical Professor, Surgery
University of Nebraska Medical Center

Ohmar P. Coughlin, MD
Clinical Fellow
Department of Surgery, Section of Colon and Rectal Surgery
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Robert T. Kizer, MD
Assistant Professor
Division of Gastroenterology
Department of Medicine
Creighton University School of Medicine

Thomas H. Quinn, PhD
Professor
Director, Clinical Anatomy Program
Department of Biomedical Sciences
Creighton University School of Medicine

Brian M. Sadowski, MD, FACS, FASCRS
Colorectal Surgeon
Colorectal Surgery Inc.

Michael E. Schafer, MD
Gastroenterologist
Midwest Gastrointestinal Associates, PC
CHI Health Gastroenterology

Peter T. Silberstein, MD
Professor and Chief
Division of Hematology/Oncology
Department of Medicine
Creighton University School of Medicine

Charles A. Ternent, MD, FACS, FASCRS
Associate Clinical Professor
Director, Colorectal Research
Department of Surgery, Section of Colon and Rectal Surgery
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Adjunct Professor (Clinician), Surgery
University of Nebraska Medical Center

Alan G. Thorson, MD, FACS, FASCRS
Clinical Professor of Surgery
Creighton University School of Medicine
Clinical Professor of Surgery
University of Nebraska College of Medicine

Zachary H. Torgersen, MD
Colorectal Surgeon
Colon and Rectal Surgery Inc.

Moriah E. Wright, MD
Research Fellow
Colon and Rectal Surgery, Inc.

Planning Committee:

M. Shashidharan, MD, FRCS, FACS; Alan G. Thorson, MD, FACS, FASCRS; Colin T. Dworak, BSBA; Loretta Melichar

HSCE Program Review Committee:

William Hunter III, MD; Tom Berry, BS, DDS; Susan Connelly, DNP, APRN-NP; Timothy F. Walker, DDS; Dan Hilleman, PharmD; Mark Malesker, PharmD; Mike G. Miller, EdD, MS, BSEMS, NRP; Colin T. Dworak, BSBA; Anne Schoening, PhD, RN, CNE

DISCLOSURE POLICY: It is the policy of Creighton University Health Sciences Continuing Education, to ensure balance, independence, objectivity and scientific rigor in all its educational activities. All faculty participating in this activity are expected to disclose to the audience any significant financial interest or other relationship he/she has with the manufacturer(s) of any commercial product(s) discussed in an educational presentation.
Logistics

**CANCELLATION:**

**MEETING PLACE:**
Omaha Marriott Regency Hotel, 10220 Regency Cir, Omaha, NE 68114. 800.228.9290 or 402.399.9000. omahamarriott.com

**LODGING:**
Call Kerry Kasper at the Omaha Marriott Regency Hotel for the conference rate. Phone: 402.516.3624. Email: Kerry.Kasper@marriott.com

**EMERGENCY PHONE:**
402.399.9000. Ask for the Creighton HSCE Program.

**CLIMATE AND DRESS:**
Casual dress is encouraged for the entire meeting. Temperature in meeting room fluctuates, therefore layered clothing is suggested. Plan to bring a sweater or jacket.

**HANDOUT OPTIONS:**
Please be advised that handout materials for this conference will not be included in the registration fee and be distributed as paper copies, but rather, made available online ahead of time (to the best extent possible). Participants can download and print the presentations prior to the conference, or follow along on their own laptop during the conference.

- A link will be sent by email a week prior to the Conference to download and print the handouts needed before the event.

- For those needing a traditional handout, they will be available by pre-order at a cost of $15. Please pre-order your handout by **February 6, 2018**. No additional handouts will be available to purchase the day of the conference.

**A NOTE FOR THOSE WITH SPECIAL NEEDS:**
Creighton University Health Sciences Continuing Education (HSCE) wishes to ensure that no individual with special needs is excluded, denied services, segregated or otherwise treated differently from other individuals because of the absence of auxiliary aids and services. If you are in need of auxiliary aids or services, please contact HSCE at 800.548.2633 or 402.280.1830.

**COURTESY:**
For the concentration and comfort of our participants, we ask that all cell phones and pagers be silenced during sessions of the conference. Breaks are provided for your communication convenience.

**MONEY BACK GUARANTEE:**
We are convinced you’ll leave our programs with more than enough information to earn back your investment in these programs many times over. But if you feel you haven’t received your money’s worth by the end of the program, you will receive a 100% refund of your registration.

**WEBSITE:**
healthsciences.creighton.edu

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Please note if you require special accommodations (dietary, mobility, hearing, etc.) for the meeting, there will be an opportunity to enter them through the online registration.
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SATURDAY, FEBRUARY 17, 2018

Register by February 13, 2018
2018colonrectal.eventbrite.com

Physicians, General Surgeons, Nurse Practitioners, Physician Assistants...........$135

Nurses, Support Staff, Public Health Professionals............................................$75

Fellows, Residents, Full-Time Students..............................................................$45

Verification of full-time student status may be requested either by phone or email from appropriate authority.